

LET'S | BE | HONEST

Communication in Families That Keeps Kids Healthy



Your kids have questions about their bodies, reproduction, puberty, relationships, and sexual decision making. Research shows that they want to get answers from parents.

Help them make the right choices. Be prepared with this free, interactive workshop. We will provide parents with age-appropriate strategies for responding to their children's hard to answer questions as well as techniques for talking about sexuality in a skilled and comfortable manner.

FREE BOOK TO ALL PARTICIPANTS!

Lets Be Honest is a free workshop for parents and other caregivers of adolescents designed to help them learn how to create a comfortable environment of trust for talking about reproductive health.

When: January 13th, 2016 from 6-7pm

Where: Herberg Middle School Auditorium

Please contact ngarzon@berkshireunitedway.org for more information and to sign up!

